



# PHYSICAL THERAPY FOR DIZZINESS



The Vestibular Program, part of the Department of Physical Therapy, Rehabilitation and Sports Medicine at Chester County Hospital, employs certified vestibular rehabilitation therapists and uses state-of-the-art equipment to provide patients with an accurate assessment and treatment plan.

## ▶ **FACTS ABOUT DIZZINESS TREATMENT:**

- 1) Patients are evaluated by our vestibular-trained therapists to determine the cause of dizziness. Our therapists will administer specialized tests to assess how the inner ear and brain are processing balance.
- 2) Often there is more than one reason for dizziness and unsteadiness with walking. It is important to have an accurate assessment so that appropriate treatment can be started.
- 3) Treatment for dizziness depends on the cause. An individualized treatment plan will be developed to address the source of the dizziness.

## ▶ **SERVICES INCLUDE:**

- Using video frenzel goggles to accurately assess vertigo
- Vestibular exercises
- Canalith repositioning maneuver (or epley maneuver)
- Fall prevention



## **Physical Therapy, Rehabilitation and Sports Medicine**

## **LOCATION**

### **Fern Hill Medical Campus**

915 Old Fern Hill Road  
Building A, Suite 4  
West Chester, PA 19380  
610.738.2480

*Fern Hill Medical Campus is a facility of Chester County Hospital*

**FOR MORE INFORMATION OR  
TO MAKE AN APPOINTMENT:**

**610.738.2480**

**[ChesterCountyHospital.org/PhysicalTherapy](http://ChesterCountyHospital.org/PhysicalTherapy)**